



# STATE OF SERVICES IN NELSON

## Nelson Committee on Homelessness (NCOH)

July  
30<sup>th</sup>

### **SALVATION ARMY: 250-352-3488** Closed Monday, August 3<sup>rd</sup>

- Drop-in closed including showers. 10am – 12pm for brunch Monday-Thursday
- Can use phone during breakfast hours. Sanitized before and after use.
- Food bank & enhanced School Lunch (a.k.a. “Summer Feed the Children” program) by appt. only (no ID required)

### **OUR DAILY BREAD: 250-352-1722 or [office@kcfoffice.com](mailto:office@kcfoffice.com)** Closed Monday, August 3<sup>rd</sup>

- Drop-in closed, bagged food only Monday-Friday from 12pm – 1pm.
- Home delivery of food is option, email for details (\$20 donation for 22 meals still applies)

### **STEPPING STONES: 250-352-9876**

- At capacity for now, drop-in closed. Reduced services available in the vestibule (coffee, sandwiches, water)

### **ANKORS: 250-505-5506** Closed Monday, August 3<sup>rd</sup>

- Office hours: Monday – Thursday 9:30am – 12pm and 1pm – 4:30pm
- Drop-in closed but they can still provide Naloxone, harm reduction supplies and services during office hours
- OPS running during office hours, one person at a time
- Take-home Fentanyl test strips available during office hours
- Drop-off drug testing with FTIR Spectrometer. For after-hours drop-off, call 250-505-5506 for arrangements
- Gender Outlaws is meeting via Zoom; call ANKORS for details
- Counselling support/info by phone re: HIV, Hep C and pathways to OAT in the region – Laura: **250-505-2426**
- Harm Reduction Outreach in Nelson, Trail, Castlegar, Slocan, Salmo, New Denver, Nakusp – Rob: **250-777-0733**
- Kootenay Boundary Adult Support Recovery Program. For more info please call ANKORS
- For more information and a complete list of services and contacts, please go to [ankors.bc.ca](http://ankors.bc.ca)

### **NELSON COMMUNITY FOOD CENTRE: 250-354-1633**

- Food Bank open by appointment on Wednesdays from 1pm – 5pm. Call to book appointment.

### **ST SAVIOUR’S FOOD PANTRY: 250-352-5711 or [kokaneanglicans@gmail.com](mailto:kokaneanglicans@gmail.com)**

- Open Friday Mornings, 9am – 11am, one at a time. No coffee service.

### **NELSON COMMUNITY SERVICES: 250-352-3504** Closed Monday, August 3<sup>rd</sup> (except Cicada Place and Transition House)

- Free Brief Counselling Service continues to be available to adults, regardless of situation or need. To self-refer: Call 250-352-3504 or submit via website referral form <https://www.servicesfyi.ca/referral-form/>
- Family, Children and Youth counselling and support programs continue to maintain contact with existing clients and are open to new referrals
- In-person services are now available based on need and ensuring everyone’s safety
- Outreach programs - working as part of broader community response to vulnerable populations group
- Aimee Beaulieu Transition House - staff remain available to respond to calls 24/7 (**250-354-4357**)
- Cicada Place - remains open to those who live there; for inquiries call **250-352-3504 x 200**

### **ADVOCACY CENTRE: 250-352-5777 or [advocacycentre@nelsoncares.ca](mailto:advocacycentre@nelsoncares.ca)** Closed Monday, August 3<sup>rd</sup>

- Phone/email for help with financial supports, tenancy, debt, legal resources, family law, & support to victims of relationship/sexual violence. In-person appointments can be arranged if needed.
- Monday-Thursday, 9am-4pm (closed over the noon hour)

### **CIRCLE OF INDIGENOUS NATIONS SOCIETY (C.O.I.N.S.): [coinations@gmail.com](mailto:coinations@gmail.com)** Closed Monday, August 3<sup>rd</sup>

- Staff providing virtual support and back in office full-time. Seeing clients in-person with protocols
- Visit <https://www.coinations.net/our-programs> for program and staff contact info



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### **KOOTENAY KIDS SOCIETY:** [info@kootenaykids.ca](mailto:info@kootenaykids.ca) or [kootenaykids.ca](http://kootenaykids.ca)

- Virtual and in-person programming and supports. See online calendar for details: [kootenaykids.ca/events/](http://kootenaykids.ca/events/)

### **FREEDOM QUEST:** [www.freedomquestyouthservices.ca](http://www.freedomquestyouthservices.ca) **Closed Monday, August 3<sup>rd</sup>**

- Youth Substance Use Counselling: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-505-9804** (Mandy's cell)
- Youth Concurrent Disorders Clinician: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-304-8031** (Liz's cell)
- Day Treatment: postponed until further notice. **250-231-0316** (Cindy's cell)
- Therapeutic Recreation & Recreation Mentorship Program: postponed until further notice. **250-304-5070** (Matt's cell)

### **KOOTENAY SENIORS:** **250-352-2708** or [info@kootenayseniors.ca](mailto:info@kootenayseniors.ca) **Closed Monday, August 3<sup>rd</sup>**

- **NOW accepting NEW clients!** Home Support Program provides light housekeeping for seniors on a sliding scale
- **Volunteer Driver Program – transportation to seniors to medical/non-medical appts. Seeking volunteer drivers!**
- Community coordinator for pairing screened volunteer drivers with seniors who need items delivered for free
- Free delivery of pre-ordered groceries/pharmacy items to seniors and mobility-challenged persons
- Will deliver pre-made meals from non-profit agencies providing food
- Bi-weekly or weekly telephone check-ins with seniors
- Resources, information, & support for advocacy for health care, filling out forms online, banking, landlords, etc.

### **NELSON MENTAL HEALTH AND SUBSTANCE USE:** **250-505-7248** **Closed Monday, August 3<sup>rd</sup>**

- Services open Monday to Friday 8:30am - 4:30pm
- Intake services are available by phone at 250-505-7248 (accepting self-referral and community referral)
- Urgent response services are available, please contact 250-505-7248
- Counsellors and Case Managers, Outreach staff and Psychiatric services are available to MHSU clients/patients. We are providing 1-1 and limited group services through phone, Zoom and in-person where required.
- MHSU Outreach Services delivering bags of non-perishable food items to MHSU clients on Friday afternoons
- Nelson OAT Clinic continuing to provide opiate agonist treatment using video and phone to intake new patients and support care for on-going patients
- Nurse Practitioners providing phone/video-conferencing primary care to current patients and new patients
- If you have any questions please contact Karen Leman, Team Lead, at **250-505-7250**

### **KOOTENAY CAREER DEVELOPMENT SOCIETY:** **250-352-6200** **Closed Monday, August 3<sup>rd</sup>**

- Offering all Employment Services virtually, with limited in person services (by appointment only)

### **NELSON PUBLIC LIBRARY:** **250-352-6333** [www.nelsonlibrary.ca](http://www.nelsonlibrary.ca) **Closed Monday, August 3<sup>rd</sup>**

- **We're open! Mon, Wed, Fri & Sat: 10 – 2 / Tues & Thurs: 2 – 6 / Seniors or high-risk people: Wed & Sat 10-10:30**
- **Browsing, borrowing, printing, copying, scanning. At this stage, no seating, no washrooms, no public computers.**
- Staff continue to answer the phone between 10am – 6pm Mon – Fri (to answer questions)
- WiFi available outside the building. 24/7 Online Library: ebooks, eaudio, online courses, and videos

### **WASHROOMS**

- 24/7 Porta Potty behind Civic Centre/NDCC parking lot
- Hall St. Portaloo / Downtown washroom: 5am – 10pm
- Wait's on Nelson: 10am – 3pm (except Sundays)
- Lions Park: 7am – 7pm
- Lakeside: 7am – 7pm
- Tyler Lake Field House: 7am – 10pm

**SHOWERS:** Tuesdays & Fridays from 1-5pm at Civic Centre (last timeslot starts at 4:30). First come, first served.

To update this list: Contact Rebecca Martin at [ncoh@nelsoncares.ca](mailto:ncoh@nelsoncares.ca)