



STATE OF SERVICES IN NELSON

Nelson Committee on Homelessness (NCOH)



FOOD & WATER

SALVATION ARMY: 250-352-3488

- Drop-in OPEN 10am – 1 PM for Brunch Monday - Thursday
- Can use phone during brunch hours
- Can access bottled water Monday – Friday, 8:30am – 4pm (knock if no one around)
- Food bank & enhanced School Lunch by appt. only. Note: School Lunch available for post-secondary students.
- Christmas Assistance (food & toys): call to sign up or come during regular food bank appointment

OUR DAILY BREAD: 250-352-1722 or office@kcfoffice.com

- Home delivery of food is option for persons who are immobile (social worker recommendation required), email for details (\$20 donation for 22 meals still applies)
- **ODB lunch has moved indoors. First seating of 16 people max at 11:30am (30 min stay to allow others to come in and eat). Last entry for meals will be 12:50pm. Meals offered plated to stay or in a 'to-go' container. Open Monday - Friday. \$20 donation for 22 meals; volunteer opportunities in exchange for a meal may be available.**

NELSON COMMUNITY FOOD CENTRE: 250-354-1633

- Food Bank open by appointment on Wednesdays from 1pm – 5pm. Call to book appointment.

ST SAVIOUR'S FOOD PANTRY: 250-352-5711 or kokaneeanglicans@gmail.com

- Open Friday Mornings, 9am – 11am, one at a time. No coffee service.

DRINKING WATER

- Salvation Army:
 - Can access bottled water Monday – Friday, 8:30am – 4pm (knock if no one around)
- ANKORS:
 - 'Hydration Station' of organic juice & bottled water, Monday – Thursday 9:30am – 12pm and 1pm – 4:30pm. Knock on front door to ask for this service.
- Stepping Stones Emergency Shelter:
 - Reduced services available in the vestibule, including water, coffee, food

HYGIENE

WASHROOMS

- Portland Loo at Baker & Hall: 5am – 10pm
- Portland Loo near Prestige Lakeside Inn now open
- Wait's on Nelson during opening times
- Lions Park: 7am – 7pm
- Lakeside Park concession: 7am – 7pm
- Tyler Lake Fieldhouse: 7am – 10pm

TRANSIT

BC TRANSIT: Passengers must wear face coverings (unless cannot wear for health reasons or child under 5)



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EMERGENCY SHELTER & TRANSITION HOUSE

STEPPING STONES EMERGENCY SHELTER (Nelson CARES): 250-352-9876

- At capacity for now, drop-in closed. Reduced services available in the vestibule (coffee, sandwiches, water)

AIMEE BEAULIEU TRANSITION HOUSE (Nelson Community Services): 250-354-4357

- For women leaving violence (and their children). Staff are responding to calls 24/7

MENTAL HEALTH, HARM REDUCTION, OUTREACH

ANKORS: 250-505-5506

- Office hours: Monday – Thursday 9:30am – 12pm and 1pm – 4:30pm
- Drop-in closed but they can still provide Naloxone, harm reduction supplies and services during office hours
- OPS running during office hours, one person at a time
- Take-home Fentanyl test strips available during office hours
- Drop-off drug testing with FTIR Spectrometer. For after-hours drop-off, call 250-505-5506 for arrangements
- Gender Outlaws is meeting via Zoom; call ANKORS for details
- Counselling support/info by phone re: HIV, Hep C and pathways to OAT in the region – Laura: **250-505-2426**
- Harm Reduction Outreach in Nelson, Trail, Castlegar, Slocan, Salmo, New Denver, Nakusp – Rob: **250-777-0733**
- Prevention and Harm Reduction Education Coordinator – Dakota May: education@ankors.bc.ca
- Kootenay Boundary Adult Support Recovery Program. For more info please call ANKORS
- 'Hydration Station' of organic juice & bottled water. Knock on front door to ask for this service.
- For more information and a complete list of services and contacts, please go to ankors.bc.ca

NELSON COMMUNITY SERVICES: 250-352-3504

- **Free COVID-19 BRIEF COUNSELLING SERVICE** continues to be available to adults, regardless of situation or need. To self-refer: Call 250-352-3504 or submit via website referral form <https://www.servicesfyi.ca/referral-form/>
- **New Free Program for Men – COURAGEOUS CONNECTIONS**, a program for men working towards developing healthy intimate partner relationships. For more info, call 250-352-3504 or self-refer via our website <https://www.servicesfyi.ca/referral-form/>
- **Children and Youth counselling and support** programs continue to maintain contact with existing clients and are open to new referrals.
- **Family Support** - Self-referrals for family support are welcome. Call 250-352-3504 for more info or self-refer via our website <https://www.servicesfyi.ca/referral-form/>
- **Street Outreach Program** - working as part of broader community response to vulnerable populations group
- **Homelessness Prevention Program** – help to find rental housing & rent supplements (for those who qualify)
- **Stopping the Violence Women's Counselling and Women's Outreach** – maintaining contact with existing clients and open to new referrals
- **Aimee Beaulieu Transition House for women leaving violence** - staff responding to calls 24/7 (**250-354-4357**)
- **Cicada Place for Youth-at-Risk** - remains open to those who live there; for inquiries call **250-352-3504 x 200**
- In-person services in all programs are available based on need and ensuring everyone's safety

NELSON MENTAL HEALTH AND SUBSTANCE USE: 250-505-7248

- Services open Monday to Friday 8:30am - 4:30pm
- Intake services are available by phone at 250-505-7248 (accepting self-referral and community referral)
- Urgent response services are available, please contact 250-505-7248
- Counsellors and Case Managers, Outreach staff and Psychiatric services are available to MHSU clients/patients. We are providing 1-1 and limited group services through phone, Zoom and in-person where required.
- MHSU Outreach Services delivering bags of non-perishable food items to MHSU clients on Friday afternoons
- Nelson OAT Clinic continuing to provide opiate agonist treatment using video and phone to intake new patients and support care for on-going patients
- Nurse Practitioners providing phone/video-conferencing primary care to current patients and new patients
- If you have any questions please contact Karen Leman, Team Lead, at **250-505-7250**



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LEGAL RESOURCES

THE ADVOCACY CENTRE (Nelson CARES): 250-352-5777 or advocacycentre@nelsoncares.ca

- Phone/email for help with financial supports, tenancy, debt, legal resources, family law, & support to victims of relationship/sexual violence. In-person appointments can be arranged if needed.
- Monday-Thursday, 9am-4pm (closed over the noon hour)

EMPLOYMENT RESOURCES

KOOTENAY CAREER DEVELOPMENT SOCIETY: 250-352-6200

- Offering all Employment Services virtually, with limited in person services/computer use (by appointment only)
- Five-week RAFT program starting Nov 9. Call (ext. 316) or email raft@kcds.ca for more info or to apply.

INDIGENOUS SERVICES

CIRCLE OF INDIGENOUS NATIONS SOCIETY (C.O.I.N.S.): coinations@gmail.com

- Staff working from home half-time and in office the other days. Still seeing clients in-person and virtually.
- Visit <https://www.coinations.net/events-gatherings-calendar> for event/program and staff contact info

CHILDREN, FAMILIES, YOUTH

KOOTENAY KIDS SOCIETY: info@kootenaykids.ca or kootenaykids.ca

- Virtual and in-person programming and supports. See online calendar for details: kootenaykids.ca/events/

FREEDOM QUEST: www.freedomquestyouthservices.ca

- Youth Substance Use Counselling: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-505-9804** (Mandy's cell)
- Youth Concurrent Disorders Clinician: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-304-8031** (Liz's cell)
- Day Treatment: accepting referrals for upcoming online format (details TBD). **250-231-0316** (Cindy's cell)
- Therapeutic Recreation & Recreation Mentorship Program: on hold until spring 2021. **250-304-5070** (Matt's cell)

CICADA PLACE FOR YOUTH AT-RISK (Nelson Community Services): 250-352-3504 x 200

- Remains open to those who live there; call for inquiries

SENIORS

KOOTENAY SENIORS: 250-352-2708 or info@kootenayseniors.ca

- Home Support Program: We provide *light* housekeeping for seniors on a sliding scale. Seeking home support workers for our growing client list! Job description is on www.kootenayseniors.ca
- Volunteer Driver Program: NOW SAFELY OPERATING! Transportation of seniors to medical/non-medical appts. Seeking volunteer drivers! NO COST TO DRIVERS!
- Free delivery of pre-ordered groceries/pharmacy items to seniors and mobility-challenged persons by screened volunteer drivers.
- Will deliver pre-made meals from non-profit agencies providing food
- Resources, information & support for advocacy for health care, filling out forms online, banking, landlords, etc.

LIBRARY

NELSON PUBLIC LIBRARY: 250-352-6333 www.nelsonlibrary.ca

- We're open! Mon, Wed, Fri & Sat: 10 – 2 / Tues & Thurs: 2 – 6 / Seniors or high-risk people: Wed & Sat 10-10:30
- Browsing, borrowing, printing, copying, scanning. Staff answering phone/questions between 10 – 6, Mon– Fri
- WiFi available outside the building. 24/7 Online Library: ebooks, eaudio, online courses, and videos
- Access to public computers: drop in with limited assistance from staff. Access to public washrooms.
- Mobile device seating area: use personal device in the library (time limit of 40 minutes)
- Quiet rooms available for two-hour sessions/day: use the room for studying, interviews, work